

St. Andrew's Society of Connecticut

The Caledonian
November 2010

From the Desk of the President:

My very best wishes for a Happy St. Andrew's Day (November 30th)! As I am sure you are aware, St. Andrew is the patron saint of Scotland. His day is an important national holiday, and honors are presented on this day.

Shortly after St. Andrew's Day, we in SASCT hold our Annual Meeting. This year, we will be at the Middlefield Community Center on Sunday, December 5th. Bring along your favorite dessert for a Dessert Potluck. As well as having our official meeting and election of officers and board, we may hear of members' travels in Scotland. It should be a good time. I'll look for you there... Please come!

We would also like to wish you and your family and friends a very happy Christmas, merry Yule, and a rollicking Hogmanay! Happy New Year, too....to cover all of the possibilities. May the First-Footer of Hogmanay bring you luck and prosperity in the coming year. Don't forget to hang Rowan berries over all of your doors to keep bad luck out, and good luck in....

Best Wishes, and Good Health (Slainte Mhath!)

Ellen Coutts Waff, FSA Scot
President, SASCT
ewaff@comcast.net



Our **Benevolence Committee** is collecting suggestions for the December 2010 Annual Meeting proposal.

Please contact Gerald and Pam Munro with your ideas.
(860) 859-1803 pmunro@sbcglobal.net





November 30th St Andrew's Day menu

A campaign to get people eating Scotch lamb to celebrate St Andrew's Day has been launched. First Minister Alex Salmond officially launched the campaign, which is being backed by Scottish retailers, during a visit to Fife-based sheep and beef producer John Cameron at Balbuthie. Mr. Salmond welcomed the show of retailer commitment to the Quality Meat Scotland campaign supported by the Scottish Government.



The coming weeks will see Scotch Lamb promoted as "Perfect for St Andrew's Day" in almost 1000 outlets throughout Scotland. Among the major multiple retailers which will be encouraging shoppers to celebrate St Andrew's Day with Scotch Lamb are Tesco, Morrisons, Sainsbury, Marks and Spencer, The Co-operative and Lidl. Additionally almost 800 butchers shops and independent retailers are also supporting the campaign, including around 300 Scotch Butchers Club members, and will be displaying promotional material featuring Leg of Scotch Lamb, developed in collaboration with the Scottish Federation of Meat Traders Association.

This month's launch of the Scotch Lamb St Andrew's campaign also marks the 20th anniversary of the world's first farm assurance scheme which was started in Scotland in November 1990. John Cameron, host of today's visit by the First Minister, was also one of the original members of Scotland's Farm Assurance Scheme which pioneered the guarantees of welfare and provenance behind Scotch Lamb, Scotch Beef and Specially Selected Pork.

First Minister Alex Salmond said: "With the support of Quality Meat Scotland we now have a commitment from many of the major retailers to support the campaign and encourage consumers to celebrate St Andrew's Day with succulent Scotch lamb. Already over 1,000 outlets across Scotland have signed up. "We are aiming to make Scotch Lamb synonymous with St Andrew's Day in the same way that haggis is with a Burns supper. Rated amongst the best in the world, Scotch Lamb is currently at its peak of seasonality. Andrew Fairlie's menu offers the perfect way for friends and family to enjoy Scotch Lamb and all that's great about Scotland this St Andrew's Day- from its people to its history and vibrant culture.

"In Scotland lamb sales are worth over £30 million and its popularity is growing. And it's entirely fitting that we are marking the campaign - which is all about celebrating quality, provenance and farm assurance, here at Balbuthie - on the 20th anniversary of farm assurance, as John Cameron was one of the original members of the scheme." Donald Biggar, Chairman of Quality Meat Scotland, said Scottish farmers should be rightly proud of their world-leading assurance schemes which underpin the industry. "During the 20 years since farm assurance was pioneered it has grown and strengthened with farm assurance now complemented by further schemes covering animal feed, transport, auction markets and processors. The delivery of our schemes now also involves working closely with the Scottish SPCA and it is very important our schemes are robust and continue to build on the high welfare and other standards our customers expect," said Mr Biggar. Scotch Lamb is also the main course ingredient in a special St Andrew's Day menu devised by two Michelin star chef Andrew Fairlie and Rural Secretary, Richard Lochhead.

Championing Scottish produce, the menu aims to encourage the whole nation to cook up a feast on 30 November with the finest local and seasonal ingredients, using Scotch Lamb as the culinary centrepiece. Scots are encouraged to recreate the three-course meal including a warming winter Cullen Skink, succulent Roast Shoulder of Scotch Lamb with Potato and Onion and spiced winter fruit served with creamed vanilla rice pudding. The menu will feature at various Scottish Government events dedicated to celebrating Scotland's national day and producers, processors and retailers will be promoting Scotch Lamb as the meat of choice in the weeks running up to St Andrew's Day. Recipes for these dishes along with other lamb menu suggestions are available from participating retailers and butcher shops and also available online at www.scotland.org.
www.scotland.gov.uk/News/Releases/2010/11/09154153

Be on the lookout for your **SASCT membership renewal**.

Please return your renewal promptly.

Note: If you joined AFTER July 1, you will NOT pay dues until 2011.

Burns Celebration meal choices will be included in this mailing.





Scotland's Winter Festivals Scotland will play host to over 60 events to celebrate St Andrew's Day, Hogmanay and Burns Night as part of the Scotland's Winter Festivals programme. Scotland's Winter Festivals begin with St Andrew's Day (November 30), include Hogmanay celebrations (December 31) and culminate on Burns night (January 25). They aim to bring together people from all over the world to celebrate Scotland's modern culture and traditions through the best of Scottish music, arts, food and drink, innovation and entertainment. Unveiling the programme, Culture Minister Fiona Hyslop said: "Scotland's Winter Festivals brings together three of our most important cultural celebrations. This year's programme is jam-packed full of colourful, unusual and traditional events, celebrating our culture, heritage and creativity.



..."St Andrew's Day is the ideal time to celebrate all that is great about Scotland. With such a variety of events on offer this festive season, there will be something for everyone to enjoy, no matter where they are in Scotland. "Once again, many of our top visitor attractions will open to the public for free over the St Andrew's Day weekend. Scotland's friends across the world will also join the celebrations in true Scottish style from a St Andrew's Day Ball in Doha to the Kirkin' of the Tartans in Hawaii.

"The Scotland's Winter Festivals programme shows that Scotland is a great visitor destination and the perfect stage for events all year round. With Edinburgh's Hogmanay generating an estimated £29 million last year, we know that festive celebrations can make a significant contribution to Scottish tourism and our economy. That is why our Winter Festivals are so valuable - they will help entice people from home and abroad to explore all areas of Scotland."

Paul Bush, Chief Operating Officer of EventScotland, adds: "Scotland has an unrivalled reputation in hosting major world class events and is internationally renowned for its Hogmanay celebrations. Scotland's Winter Festivals is an exciting initiative. Linking three of our biggest celebrations offers a superb calendar of spectacular events over the festive season, with immense benefits for Scotland's tourism and events industries."

More than 60 events are planned round the country including Edinburgh, Glasgow, St Andrews, Dumfries, Perth and Stirling. Some of Scotland's visitor attractions are also supporting Scotland's Winter Festivals, with over 65 venues participating in the celebrations. Funded by the Scottish Government, Scotland's Winter Festivals are delivered by the national events agency EventScotland, in partnership with the national tourism agency VisitScotland.

The Scottish Government is also sponsoring the Scottish Universities St Andrew's Day Championship Debate, in conjunction with the Scottish Parliament and the English-Speaking Union Scotland.

Historic Scotland and the Association of Scottish Visitor Attractions are running Visit for Free where visitor attractions will offer free access on November 27 and 28, 2010. <http://www.scotland.gov.uk/News/Releases/2010/10/12113348>



Society Flowers of the Forest

**Clifford Knox of Thomaston
Henry (Hank) Dutton of Warren**





Future of football

First Minister Alex Salmond and Sports Minister Shona Robison today met with Henry McLeish, chair of the Scottish Football Review, Stewart Regan, Chief Executive of the Scottish FA, George Peat, President of the Scottish FA, and Campbell Ogilvie, Vice President of the Scottish FA at the Scottish Parliament. The meeting was set up to discuss ways in which the Scottish Government and the Scottish FA can work together to take forward the recommendations of the McLeish Review of Football. First Minister Alex Salmond said: "Football is an important part of the fabric of our nation and communities the length and breadth of Scotland benefit from the valuable contribution of our favourite national sport. "At today's meeting with the SFA and Henry McLeish we discussed how the Scottish Government can work with the SFA now and in the future to take forward the recommendations of the McLeish Review. We all share the same goals for a healthier population and for Scottish football to be the very best it can be.



"The Scottish Government will do everything in its power to achieve these aims and will continue to work to encourage young people to be more physically active across all sports by creating community sports hubs and focusing the variety of our funding streams to ensure we are maximising our investment into sport."

Stewart Regan, Scottish FA chief executive: "Today's meeting was productive in establishing the importance of a joint approach from the Scottish Government and the Scottish FA in implementing some of the key recommendations of the Henry McLeish Review. The key aspect is that football cannot do this on its own: we require a collective approach from all stakeholders, and other sports, to ensure children in this country have the best access possible to the best facilities and best coaching, so that they in turn have the best chance of achieving excellence. We are committed to working with the Scottish Government and other sports to achieve these aims."

www.scotland.gov.uk/News/Releases/2010/11/03165747



Gateway to medical discovery

A new £45 million facility which will help secure Scotland's future as a world leader in medical and biological sciences was officially opened today by First Minister Alex Salmond.

The University of St Andrews' new School of Medical and Biological Sciences brings together the medical school (relocated from the Bute Building), biologists and chemists, while also linking to the School of Physics and Astronomy via a first-floor bridge - making it one of the first medical schools in the UK to fully integrate research facilities across the sciences. The

new development aims to produce the doctors of tomorrow, and the research that will inform future therapies and deliver major health benefits. Mr Salmond said: "The University of St Andrews has a long, proud tradition in educational excellence and this £45 million state of the art facility will bring together students across all science disciplines to create a rich collaborative environment.

"Scotland's scientists and researchers have made an immense contribution to shaping the modern world and this new facility will strengthen this reputation. It will not only attract new undergraduates to the University, educating our next generation of doctors, but will establish a hub for the creation of new medical research and breakthroughs.

"This new building will be one of the first UK medical schools where research facilities are integrated across the sciences and this opening demonstrates how Scotland's oldest University remains at the forefront of innovation."

Principal and Vice Chancellor Professor Louise Richardson said: "In creating our new School of Medicinal and Biological Sciences we are building on a 600 year tradition. The first University in Scotland was established here in the years between 1411 and 1413. Today we are the first University in Scotland to fully integrate research facilities across the sciences. Our vision for the School is to advance cutting edge medical and scientific research in an effort to solve enduring medical problems and promote human health."

Head of the Faculty of Medicine Professor Hugh Macdougall said: "The new School of Medicine and Biological Sciences, located at the heart of one of the UK's most research-intensive science universities, will create the best environment for medical education and research and the greatest potential for the interdisciplinary collaboration that can help provide solutions to the treatment of currently incurable diseases."

www.scotland.gov.uk/News/Releases/2010/11/12152246





December Annual Election Nominations for SASCT 2011

OFFICERS

President	Ellen Waff	Vice President	Peg Limbacher
Rec Secretary	Mary Ehrler	Corr Secretary	Ken McClen
Treasurer	Isabella Goldie	Asst Treasurer	Bill Waff

BOARD OF MANAGERS

Two Years: Janine Parente, Bud Wyllie, Gayle Wyllie
Remaining to complete one year: Maggie Carchrie, Robert Goldie, Angela Rowley

Nominations will be accepted from the floor at the time for elections
at the Society Annual Meeting, December 5, 2010.



December 2010 Annual Meeting

2:00 PM Sunday, December 5th 2010
Community Center 405 Main Street Middlefield, Connecticut

Society Annual Meeting

Welcome by President Waff, Secretary's Report, Treasurer's Report, Correspondence, Committee reports,
nominations & election of officers for 2011, Old Business, New Business, Adjournment

All members are encouraged to attend.

Bring a dessert to share in the Pot Luck Dessert area.

Directions to: 405 Main Street Middlefield, Connecticut

From the Southwest Merge onto I-95 N TURNPIKE toward NEW HAVEN

Merge onto I-91 N via EXIT 48 on the LEFT toward HARTFORD

Take the CT-68 exit- EXIT 15- toward YALESVILLE / DURHAM

Turn RIGHT onto BARNES RD / CT-68. Continue to follow CT-68

Turn LEFT onto SKEET CLUB RD / CT-157. Continue to follow CT-157

Turn LEFT onto MAIN ST / CT-147 / CT-157. Continue to follow MAIN ST / CT-157. 1.1 miles

Turn SLIGHT RIGHT to stay on MAIN ST / CT-157

Look for Community Center sign and turn into upper parking lot at 405 Main St.

From the North Merge onto I-91 S toward NEW HAVEN / N. Y. CITY

Take the MIDDLE STREET exit.

EXIT 20- toward COUNTRY CLUB RD.

Turn LEFT onto MIDDLE ST.

Turn LEFT onto COUNTRY CLUB RD.

Turn RIGHT onto HIGBY RD. HIGBY RD becomes JACKSON HILL RD.

Turn LEFT onto TOWN HALL RD.

Turn LEFT onto MAIN ST / CT-157.

Look for Community Center sign and turn Left into upper parking lot at 405 Main Street.

Annual Robert Burns Celebration

**For our beloved Scottish Poet
Saturday, January 29, 2011 from 6 p.m.**

Traditional Burns Supper

Neeps, tatties and haggis

**Reservation forms will include meal choices
and will arrive in the annual membership mailing in mid-December.**

Forms will also be posted on www.sasct.org.

Vegetarian and children's meals can be arranged.

Friends and interested public are welcome.

Seating is limited to 90, so book early.

Deadline for reservations is January 23, 2011.

J. Timothy's Taverne

143 New Britain Avenue Plainville, CT (860) 747-6813



From Members The Lone Highlander from Doug Bradway of Springfield Storytellers (MA)

After the "45" Rebellion in Scotland, when the English were sending troops of Red Coats through the highlands, partly to police the highlands, but mainly to put on a show of strength to subdue the natives. A Redcoat Regiment was going through glorious Perthshire on a beautiful summer morning, a great show of strength, the sun glistening on their bayonets, muskets, fife and drum playing; everything was grand until they got to the far end of the glen. And standing at the top of one of the hills was this lone highlander who was breaking every rule in the book by brandishing a claymore, wearing a kilt, drinking out of a bottle of whiskey. This was bad enough in itself until he started shouting insults at the regiment below. He called those Sassenach (English) so and sos and told them all to go home. The colonel in charge of the regiment took offence to this and delegated a corporal and a private to go up there and get that highlander. So the two of them went up the hill and followed the highlander over the skyline beyond. Sounds of battle were heard. Half an hour elapsed and the battle was still raging. A few minutes later the highlander himself appeared- no signs of the corporal or private. He was still brandishing his claymore and saying it was great fun, send some more.

So the colonel thought, "Well, this has gone too far altogether. Sergeant, take a platoon with you-thirty men. Get up there. I want that man dead or alive." The sergeant and the thirty men charged up the hill as before. Sounds of a tremendous battle went on for about an hour. At the end of the hour the highlander appeared again completely unscathed, but his sword was dripping blood, you see. By this time he was in fine form and challenged the whole regiment shouting, "Come on, the lot of you—I'm just in trim."

So the colonel said, "This is it. It's gone far beyond a joke now. Bugler, sound the general advance." The whole regiment, five thousand, charged up the hillside. The highlander disappeared over the skyline as before. Just as the regiment arrived at the top of the hill they were confronted with the original corporal and he was making a dying attempt to save the regiment. He was shouting, "Get back, get back. It's a trap, it's a trap. There are two of them."